

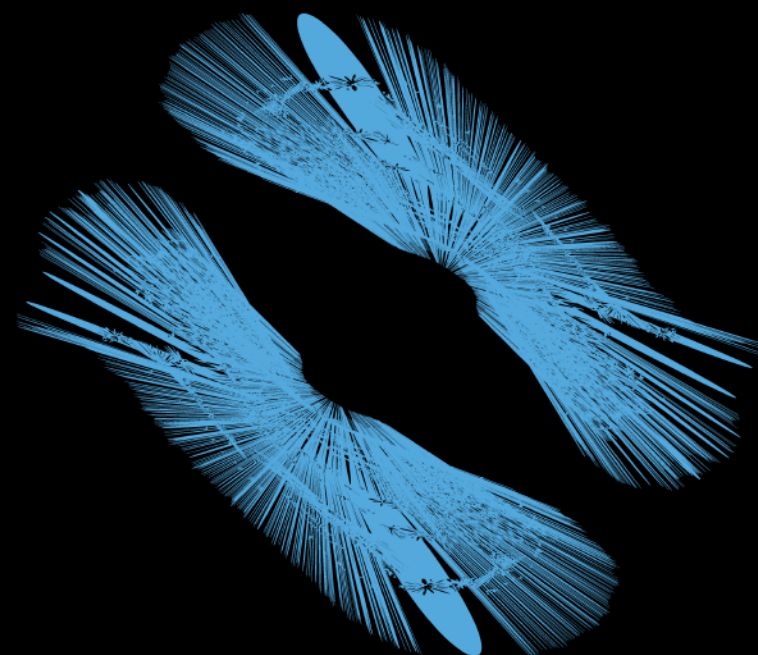


how to assimilate

izzy lima

[2] CORRELATION

toggle which option below best describes your mood.



excellent
excellent
excellent
excellent
excellent
excellent

choice
choice
choice
choice

[3] ASSESSMENT

do you remember when it happened?

you know, the **HAPPENING.**

HAPPENING.

HAPPENING.

HAPPENING.

HAPPENING.

HAPPENING.

HAPPENING.

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444!!>>>”&%%^#!**#\${{}}”

[illegible]

what is this?



A. sunday dinner

B. vacation

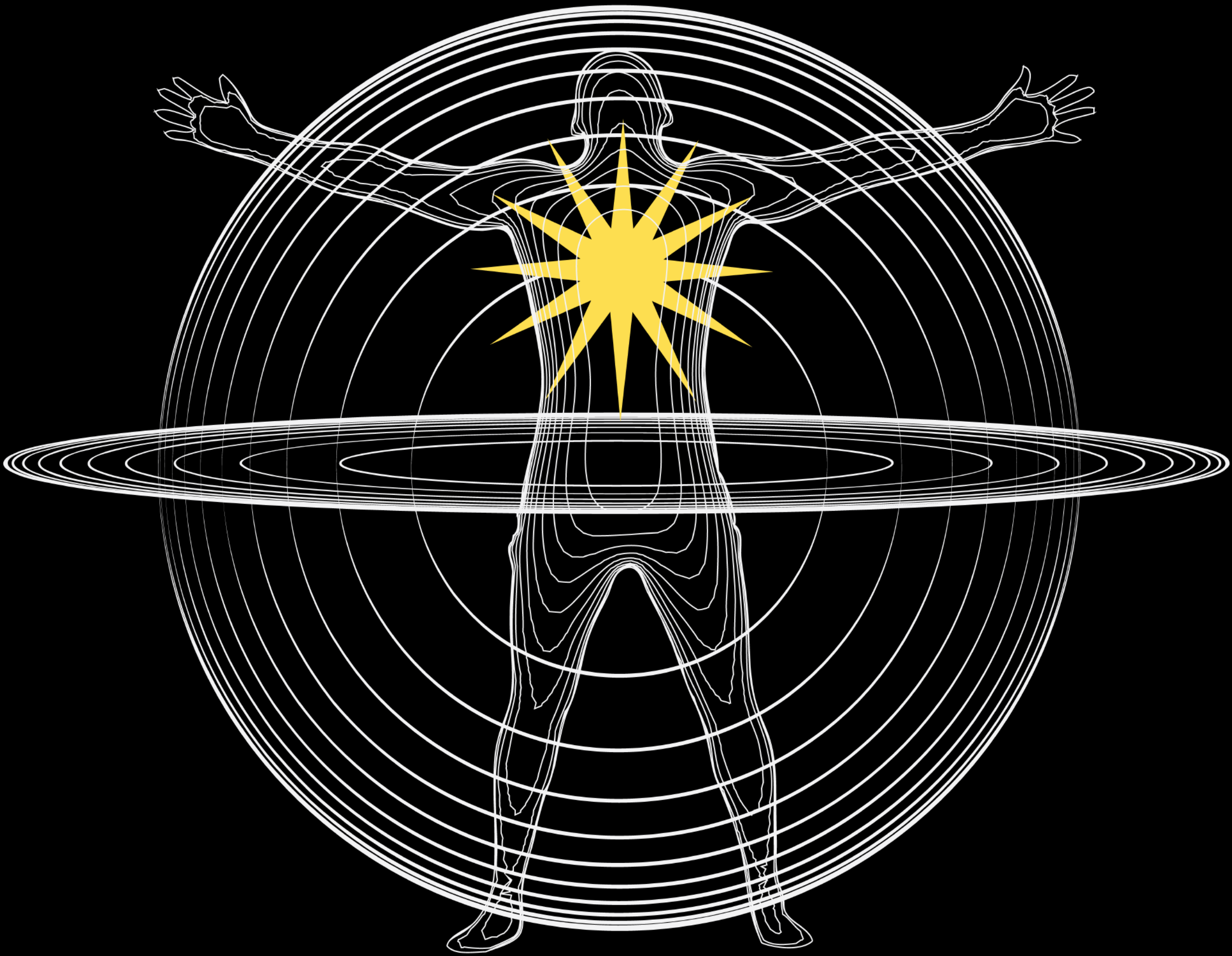
C. a gift

C. **ΠΟΛΛΑΠΛΑΣΙΑΣΜΟΣ**

חחחחח

[4] GROUNDING

get a sense of your surroundings.



[reach around, do you feel anything familiar?]
[does it smell like how it used to?]
[do you see what we see?]

[I REMEMBER THAT SOUND]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]

[what was that sound?]



please wait

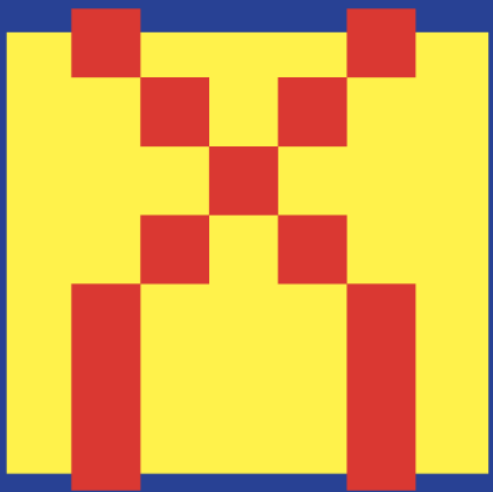
LOADING
LOADING
LOADING
LOADING
LOADING

[5] ???

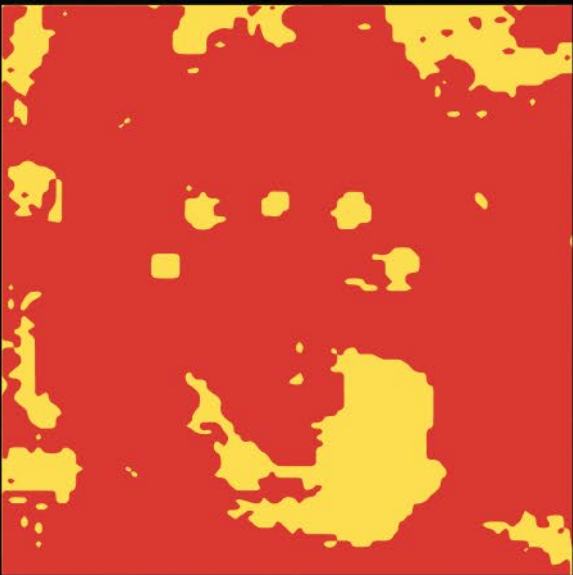
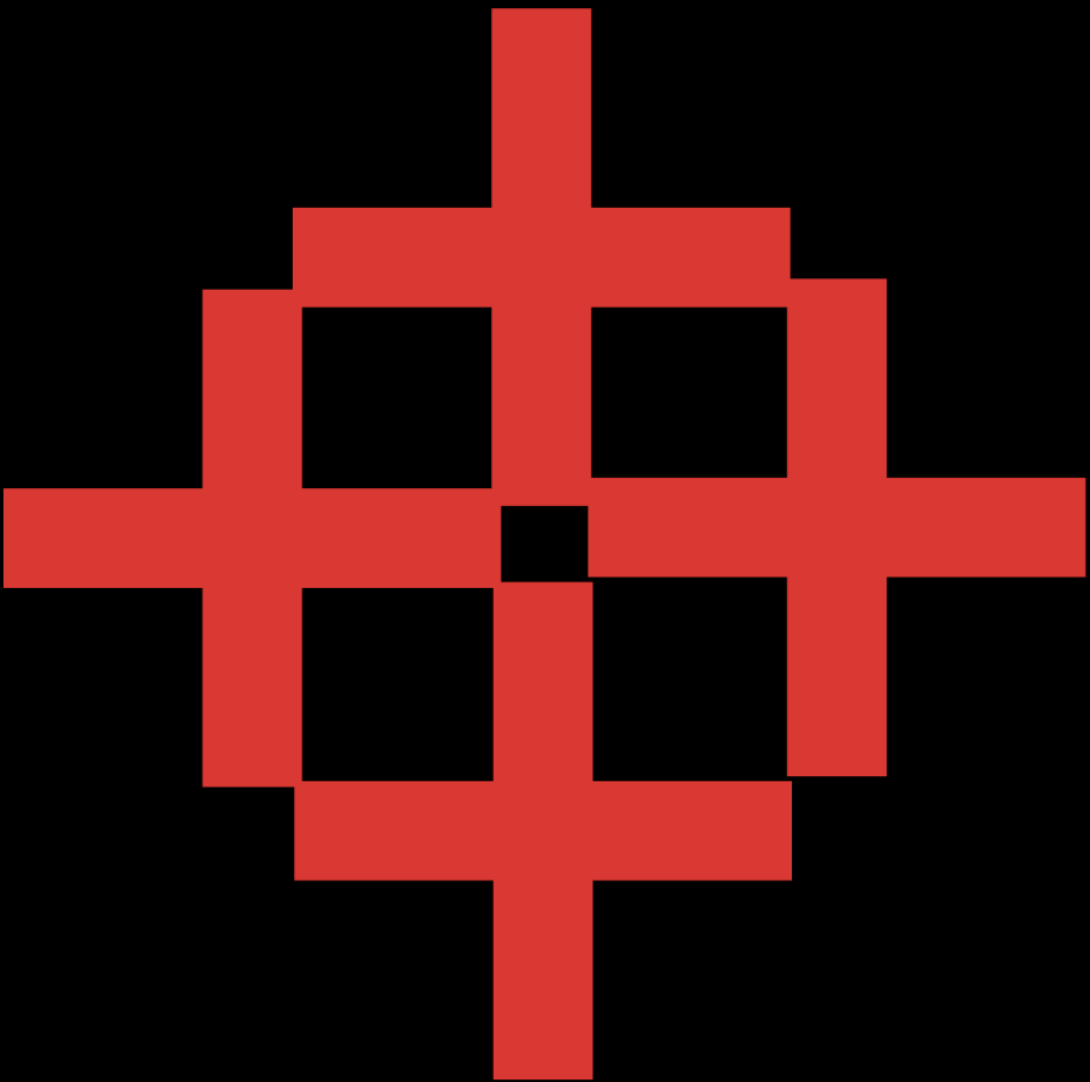
[PAUSE] at this point, you should stop asking questions that do not have answers.

stop stop stop stop
stop stop stop stop
stop stop stop stop
stop stop stop stop
stop stop stop stop
stop stop stop stop

stop stop stop
stop stop stop
stop stop stop
stop stop stop
stop stop
stop
stop



stop
stop
stop



111111115788888,,,'''2'2'2'[[[]]44\\5\\5\\5
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[6] ADAPTATION

do not panic, you are okay now.



I REPEAT, DO NOT PANIC.

NOT panic.
panic.
panic.
panic.



you will startle them.
please take a deep breath.

in 11111111111111
out
in 22222222222222
out
in 33333333333333
out



bbbbbrrrrrrrreeeeeeeeaaaaaatTTTTTthhhhhhhhhheeee:://



b r e a t h e
b r e a t h e
b r e a t h e
b r e a t h e
b r e a t h e

[7] CONGRATULATIONS

you are almost done.

P R E S S
the button to complete your
a s s i m i l a t i o n .

yes this one right here
this button

this one
please press this button

[illegible]

press

press

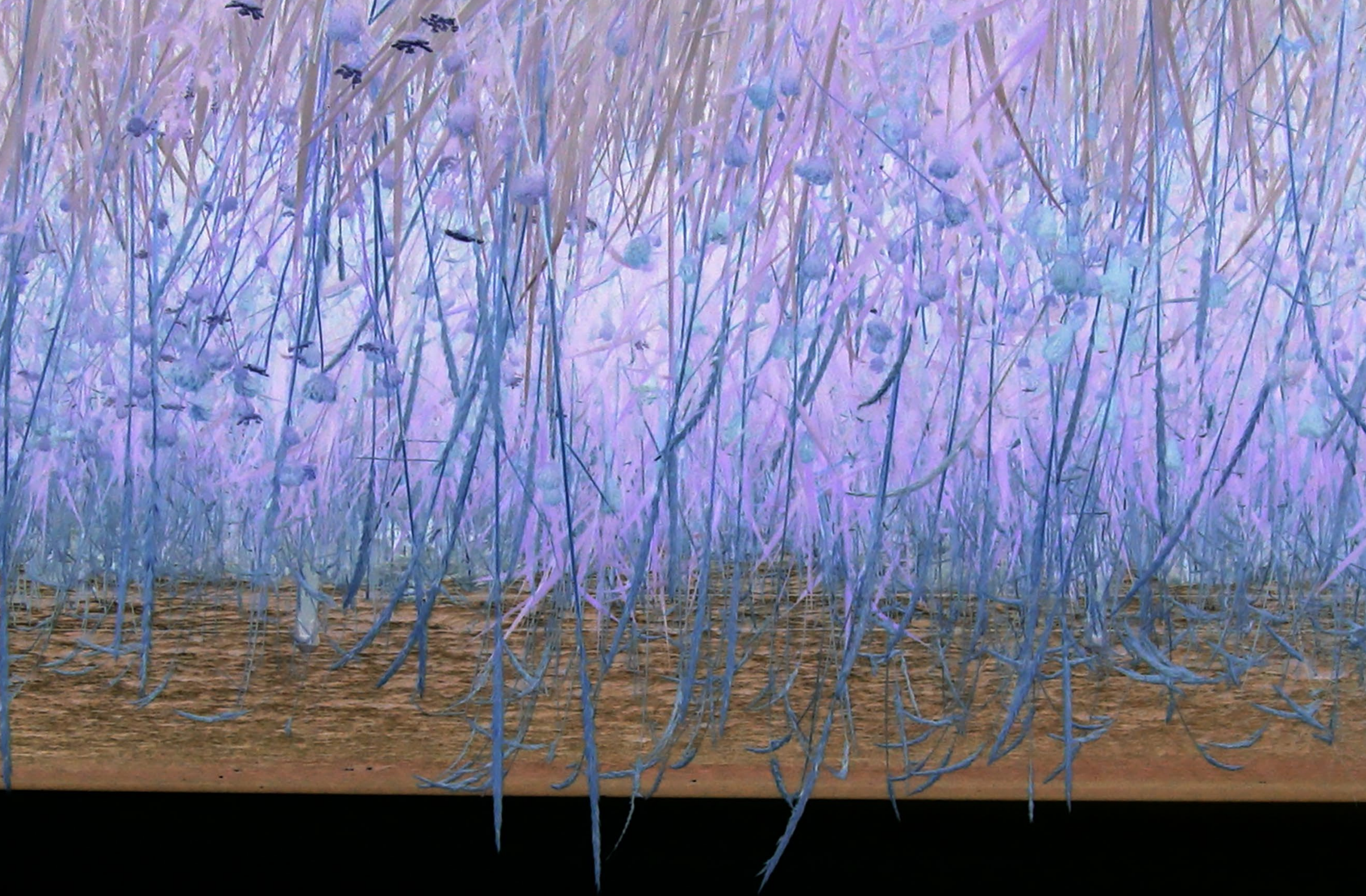
PRESS IT

PRESS IT

PRESS IT

PRESS IT

PRESS IT



until next time